

**SUN MON TUE WED THUR FRI SAT**

**1** 10:00 AM BONSAI WEEKEND @ BOTANICAL GARDENS  
10:00 AM Church & Communion Service AHUMC (MPR)  
11:30 AM Sunday Brunch (DR)  
4:30 PM SUNDAY DINNER AT BRASSERI MON CHOU CHOU (PEARL)  
7:00 PM KINGS HIGHWAY DIXIELAND BAND (LR)

**2** *Chili Cookoff*  
10:00 AM Strength & Flex (MPR)  
11:00 AM ANNUAL CHILI COOKOFF (CL)  
1:00 PM RUMMIKUB (GR)  
3:00 PM Painting Class (Sun Room)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)  
6:40 PM JEOPARDY! (CL)  
6:45 PM *Poker Night* (GR)

**3** 9:00 AM CHIQUITAS Y PECOSITAS (LR)  
10:30 AM Out to Lunch  
11:00 AM Bible Study (GR)  
1:00 PM H-E-B (L)  
2:00 PM Tai Chi (MPR)  
4:00 PM GROUNDHOG Happy Hour (CL)  
7:00 PM TUESDAY BINGO WITH KIM (MPR)

**4** 9:45 AM Bible Study & Communion (GR)  
10:00 AM Balance w/Adam (MPR)  
11:00 AM ST ANTHONY'S de PADUA CHURCH SERVICES (MPR)  
11:15 AM Food For Thought (MPR)  
1:00 PM Kindness Klub (MPR)  
2:00 PM RUMMIKUB (GR)  
6:30 PM Crafting with Kim (CL)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)

**5** 10:00 AM HAPPY TAILS (LR)  
11:00 AM FIRST PRESBYTERIAN CHURCH SERVICES (MPR)  
2:00 PM Blood Pressure Checks NEW TIME (GR)  
2:00 PM Tai Chi (MPR)  
3:00 PM RESIDENT COUNCIL MEETING (MPR)  
4:00 PM PRE-TAILGATE SUPERBOWL PARTY Happy Hour (CL)  
7:00 PM BINGO (MPR)

**6** 9:00 AM AIVLYS (Second Floor Lobby)  
10:00 AM BUCCEES  
10:00 AM Strength & Flex (MPR)  
**11:00 AM PAWS THERAPY DOG**  
1:00 PM H-E-B (L)  
6:30 PM Krafting Klub (GR)

**7** 10:00 AM PRAYER GROUP (GR)  
1:00 PM SATURDAY SCRABBLE (GR)  
2:30 PM Saturday Movie and Popcorn (THEATER ROOM)  
3:00 PM HOT CHOCOLATE SOCIAL (CL)  
4:00 PM CHIT CHAT WITH KIM (CL)  
7:00 PM BINGO (MPR)

**8** **SUPERBOWL SUNDAY**  
10:00 AM Church & Communion Service AHUMC (MPR)  
11:30 AM Sunday Brunch (DR)  
1:30 PM TOM JACKSON HISTORIAN (MPR)  
3:00 PM SUPERBOWL TAILGATE PARTY (CL)  
5:30 PM SUPERBOWL (CL)

**9** 9:00 AM ALEX'S STERLING SILVER JEWELRY (LR)  
10:00 AM Strength & Flex (MPR)  
1:00 PM RUMMIKUB (GR)  
4:15 PM Birthday Reception (MPR)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)  
6:40 PM JEOPARDY! (CL)  
6:45 PM *Poker Night* (GR)

**10** 10:30 AM Out to Lunch  
11:00 AM Bible Study (GR)  
1:00 PM H-E-B (L)  
2:00 PM Tai Chi (MPR)  
4:00 PM CHINESE NEW YEAR Happy Hour (CL)  
7:00 PM TUESDAY BINGO WITH KIM (MPR)

**11** 9:00 AM ALMA'S JEWELRY & WATCH REPAIR (LR)  
9:45 AM Bible Study & Communion (GR)  
10:00 AM Balance w/Adam (MPR)  
1:30 PM GAIL PARK CONCERT (LR)  
2:00 PM RUMMIKUB (GR)  
6:30 PM Crafting with Kim (CL)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)

**12** *A Night in Paris*  
2:00 PM Tai Chi (MPR)  
4:00 PM VALENTINE'S DAY Happy Hour (CL)  
4:30 PM A Night in Paris (DR)  
7:00 PM BINGO (MPR)

**13** 10:00 AM FRIDAY THE 13TH WATCH OUT PARTY (CL)  
10:00 AM Strength & Flex (MPR)  
**11:00 AM PAWS THERAPY DOG**  
1:00 PM H-E-B (L)  
3:00 PM PAINTING WITH A TWIST VALENTINES (Sun Room)  
6:30 PM Krafting Klub (GR)

**14** *Valentine's Day*  
10:00 AM PRAYER GROUP (GR)  
1:00 PM SATURDAY SCRABBLE (GR)  
2:30 PM Saturday Movie and Popcorn (THEATER ROOM)  
3:00 PM VALENTINE' DAY COCKTAIL HOUR (CL)  
4:00 PM CHIT CHAT WITH KIM (CL)  
7:00 PM BINGO (MPR)

**15** 10:00 AM Church & Communion Service AHUMC (MPR)  
11:30 AM Sunday Brunch (DR)  
1:00 PM SAS WAREHOUSE  
7:00 PM KINGS HIGHWAY DIXIELAND BAND MARDI GRAS CELEBRATION (LR)

**16** *President's Day*  
10:00 AM Strength & Flex (MPR)  
1:00 PM RUMMIKUB (GR)  
2:00 PM SUPPORT GROUP FOR FAMILIES DEALING WITH DEMENTIA (LR)  
3:00 PM Painting Class (Sun Room)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)  
6:30 PM S'MORES WITH KIM (Pool Patio)  
6:45 PM *Poker Night* (GR)

**17** **MARDI GRAS**  
10:30 AM Out to Lunch  
11:00 AM Bible Study (GR)  
1:00 PM H-E-B (L)  
2:00 PM Tai Chi (MPR)  
4:00 PM MARDI GRAS HAPPY HOUR with Paul Davis (CL)  
7:00 PM TUESDAY BINGO WITH KIM (MPR)

**18** **ASH WEDNESDAY**  
9:45 AM Bible Study & Communion (GR)  
10:00 AM Balance w/Adam (MPR)  
**1:00 PM Drumming Around** (LR)  
2:00 PM RUMMIKUB (GR)  
6:30 PM Crafting with Kim (CL)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)

**19** 12:00 PM Men's Lunch (DR)  
2:00 PM Tai Chi (MPR)  
4:00 PM Happy Hour (CL)  
7:00 PM BINGO (MPR)

**20** 10:00 AM Strength & Flex (MPR)  
10:30 AM KERRVILLE CROSS and Lunch (KERRVILLE)  
**11:00 AM PAWS THERAPY DOG**  
1:00 PM H-E-B (L)  
6:30 PM Krafting Klub (GR)

**21** 10:00 AM PRAYER GROUP (GR)  
1:00 PM SATURDAY SCRABBLE (GR)  
2:30 PM Saturday Movie and Popcorn (THEATER ROOM)  
3:00 PM HOT CHOCOLATE SOCIAL (CL)  
4:00 PM CHIT CHAT WITH KIM (CL)  
7:00 PM BINGO (MPR)

**22** 10:00 AM Church & Communion Service AHUMC (MPR)  
11:30 AM Sunday Brunch (DR)  
4:30 PM SUNDAY DINNER @ SEASONS 52 (Quarry Market)

**23** 10:00 AM Strength & Flex (MPR)  
1:00 PM RUMMIKUB (GR)  
4:15 PM NEW RESIDENT RECEPTION (MPR)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)  
6:40 PM JEOPARDY! (CL)  
6:45 PM *Poker Night* (GR)

**24** *Cowboy Breakfast*  
8:00 AM COWBOY BREAKFAST (DR)  
10:30 AM Out to Lunch  
11:00 AM Bible Study (GR)  
1:00 PM H-E-B (L)  
2:00 PM Tai Chi (MPR)  
4:00 PM LET'S RODEO Happy Hour (CL)  
7:00 PM TUESDAY BINGO WITH KIM (MPR)

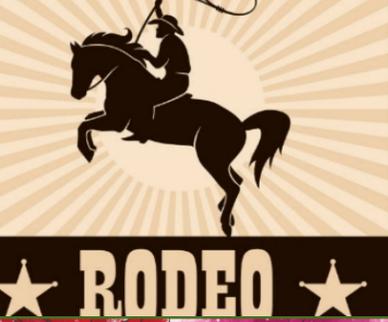
**25** 9:45 AM Bible Study & Communion (GR)  
10:00 AM Balance w/Adam (MPR)  
2:00 PM RUMMIKUB (GR)  
3:30 PM Ladies Social (LR)  
3:30 PM Men's Social (CL)  
6:30 PM Crafting with Kim (CL)  
6:30 PM MOVIE NIGHT with KIM (THEATER ROOM)

**26** 1:00 PM Episcopal Church Service (MPR)  
**1:00 PM Walmart Shopping** (L)  
2:00 PM Tai Chi (MPR)  
4:00 PM Happy Hour (CL)  
7:00 PM BINGO (MPR)

**27** **LET'S RODEO!**  
9:30 AM LET'S RODEO! (FROST BANK CENTER)  
10:00 AM Strength & Flex (MPR)  
11:00 AM HEALTH FAIR (LR)  
**11:00 AM PAWS THERAPY DOG**  
1:00 PM H-E-B (L)  
6:30 PM Krafting Klub (GR)

**28** 10:00 AM PRAYER GROUP (GR)  
1:00 PM SATURDAY SCRABBLE (GR)  
2:30 PM Saturday Movie and Popcorn (THEATER ROOM)  
3:00 PM HOT CHOCOLATE SOCIAL (CL)  
4:00 PM CHIT CHAT WITH KIM (CL)  
7:00 PM BINGO (MPR)

**LOCATION KEY**  
CL - Cocktail Lounge  
DR - Dining Room  
GR - Game Room  
LR - Living Room  
L - Lobby  
MPR - Multi-Purpose Room



**February 2026**

THE FORUM AT LINCOLN HEIGHTS ~ Independent Living





# February 2026

- ♥ Dining Room
- ★ Activities Room
- ✓ Outing
- Living Room
- ♪ Art Studio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>NATIONAL FREEDOM DAY</b> 1 9:30 SUNDAY MORNING MINGLE ■ 2:30 FREESTYLE EXERCISE MOVES ♥ 3:00 FREE FOR ALL ICE CREAM! ♥ 6:00 FREE TO DO WHATEVER ■	<b>GROUNDHOG DAY</b> 2 9:30 THE BIG GROUNDHOG DAY REVEAL ★ 10:00 FABULOUS FEBRUARY BOWLERS ★ 11:00 MONDAY MANICURES ★ 2:00 BALLOONERCISE WITH ADAM ♥ 3:00 VIRTUAL EIFFEL TOWER TOUR ♥ 6:00 MONDAY EVENING MOVIE ★	<b>FEED THE BIRDS DAY</b> 3 9:30 IDENTIFYING SONG BIRDS ♥ 10:00 FOR THE LOVE OF BINGO ♥ 11:00 PAINT LIKE MONET ♪ 2:00 TUESDAY TONERS ♥ 2:45 MINI FRENCH LESSON ♥ 3:30 EXPLORING PARIS LANDMARKS ♥ 6:00 EVENING NEWS ■	<b>ROSA PARKS DAY</b> 4 9:30 MICHAELLE'S CAFE CORNER ♥ 10:00 GAME SHOW HOUR ■ 11:00 ST ANTHONY'S de PADUA CATHOLIC MASS IN IL MPR 2:00 BALLOON TAPPING ♥ 2:45 HISTORY OF ROSA PARKS ♥ 3:30 ROSA PARKS TRIVIA ♥ 6:00 ROSA PARKS WORD SEARCH ■	<b>THRIVING THURSDAY</b> 5 9:30 GOOD MORNING MOVEMENTS ♥ 10:30 LUNCH AT LUPE TORTILLA ✓ 2:00 SIT AND BE FIT CLUB ♥ 2:45 PARIS FRANCE TRIVIA CHALLENGE ♥ 3:30 FRENCH POETRY READINGS ♥ 6:00 PARIS FRANCE WORD SEARCH ■	<b>NATIONAL COMPLIMENTS DAY</b> 6 9:30 FRIDAY MORNING YOGA ♥ 10:00 CUTE COW PAINTING CLASS ♪ 11:00 COUNTRY MUSIC SOUNDS ♪ 2:00 FANCY BALLOON WORK WITH ADAM ♥ 3:00 RODEO KICK OFF WITH KAI ♥ 4:00 DARE TO DOMINO ■ 6:00 FRENCH FILM - CASABLANCA ★	<b>ROSE DAY</b> 7 9:30 HAPPY SATURDAY HELLOS 10:00 SATURDAY BINGO BASH ♥ 2:30 WORKOUT WITH WENDY ♥ 3:00 CRAFTING CORNER WITH WENDY ★ 6:00 SCRABBLE ★
<b>SUPER BOWL LX</b> 8 9:30 SUNNY SUNDAY SMILES 2:30 EXERCISE WITH STAFF ♥ 3:00 FREE FOR ALL ICE CREAM! ♥ 3:30 SUPER BOWL PARTY ♥ 6:00 SUNDAY MATINEE ★	<b>NATIONAL PIZZA DAY</b> 9 9:30 MONDAY MORNING HELLOS ■ 10:00 FABULOUS FEBRUARY BOWLERS ★ 11:00 READING OF "THE SLEEPER" ★ 2:00 BALLOON MASH UP ♥ 3:00 BOOT SCOOTIN BOOGIE PARTY ♥ 6:00 MONDAY MOVIE ★	<b>NATIONAL FLANNEL DAY</b> 10 9:30 TRIM AND TONING MOVES ♥ 10:00 LOVE ME SOME BINGO ♥ 11:00 FLANNEL HEART CRAFT ★ 2:00 TONING TUESDAY ♥ 3:00 FLANNEL HAPPY HOUR PARTY ♥ 4:00 DOMINO DEN ■ 6:00 SCRABBLE ■	<b>THOMAS EDISON'S BIRTHDAY</b> 11 9:30 MICHAELLE'S CAFE CORNER ♥ 10:00 CONNECT THE DOTS DOMINOS ■ 2:00 DON'T LET THE BALLOON DROP ♥ 3:00 COWBOY GAMES (ROPE A COW) ♥ 6:00 MOVIE AND POPCORN ★	<b>PARISIAN DINNER/LINCOLN'S BIRTHDAY</b> 12 9:30 MORNING GREETINGS ■ 10:00 THE BUS RIDE BERETS ✓ 2:00 THURSDAY FITNESS ♥ 3:00 FRENCH TRIVIA CHALLENGE ♥ 5:00 A NIGHT IN PARIS DINNER ♥ 6:00 BLACKJACK CARDS ★	<b>WORLD RADIO DAY</b> 13 9:30 FRIDAY MORNING FLEXES ♥ 10:00 BAKING VALENTINE CUPCAKES ♥ 11:00 COUNTRY MUSIC TUNES ★ 2:00 BALLOON BOP WITH ADAM ♥ 3:00 VALENTINE'S PARTY WITH JULIAN ♥ 6:00 MOVIE AND POPCORN ★	<b>VALENTINE'S DAY</b> 14 9:30 HAPPY SATURDAY HELLOS 10:00 SATURDAY BINGO BASH ♥ 2:30 WORKOUT WITH WENDY ♥ 3:00 VALENTINE'S DAY MOVIE ★ 6:00 VALENTINE'S WORD SEARCH ■
<b>SUSAN B ANTHONY DAY</b> 15 9:30 SUNDAY MORNING TV TIME ■ 10:00 JOEL OSTEEN ♥ 2:30 EXERCISE WITH STAFF ♥ 3:00 FREE FOR ALL ICE CREAM! ♥ 4:00 WORD SEARCH ■ 6:00 SUNDAY MATINEE ★	<b>PRESIDENTS DAY</b> 16 9:30 PUTT PUTT TEE OFF ★ 10:00 FABULOUS FEBRUARY BOWLERS ★ 11:00 FRENCH MANICURES ★ 2:00 BALLOON-A-RAMA ♥ 2:45 PRESIDENTS DAY TRIVIA ♥ 3:30 PRESIDENTIAL WORD SCRAMBLE ♥ 6:00 MONDAY MATINEE ★	<b>MARDI GRAS</b> 17 9:30 TUESDAY TONERS ♥ 10:00 MARDI GRAS BINGO ♥ 11:00 MARDI GRAS WORD SEARCH ■ 2:00 RHYTHM AND BEADS WORKOUT ♥ 3:00 MARDI GRAS PARTY ♥ 6:00 GO FISH CARDS ★	<b>ASH WEDNESDAY</b> 18 9:30 MICHAELLE'S CAFE CORNER ♥ 10:00 DARE TO DOMINO ■ 2:00 WHACK-A-BALLOON ♥ 3:00 KEVIN'S DRUMMING GANG ♥ 4:00 WHIMSICAL COLORING ★ 6:00 MOVIE AND POPCORN ★	<b>NATIONAL CHERRY COKE DAY</b> 19 9:30 MORNING IN MOTION 10:30 LUNCH AT THE BIG BIB BBQ ✓ 2:00 GET YOUR MOVES ON ♥ 3:00 EXPLORING PARIS LANDMARKS ♥ 3:30 FRENCH MUSIC LISTENING ♥ 6:00 OH NO UNO ★	<b>NATIONAL CHERRY PIE DAY</b> 20 9:30 FRIDAY FOCUS ♥ 10:00 PAINTING WITH FRIENDS ♪ 11:00 SPIN THE WHEEL TRIVIA ♪ 2:00 BALLOON BOPPING ♥ 2:45 SELF PORTRAIT DRAWING ★ 3:30 READING OF "THE SLEEPER" ★ 6:00 FRIDAY NIGHT MOVIE ★	<b>SWEET SATURDAY</b> 21 9:30 HAPPY SATURDAY HELLOS 10:00 SATURDAY BINGO BASH ♥ 2:30 WORKOUT WITH WENDY ♥ 3:00 TEST YOUR KNOWLEDGE TRIVIA ♥ 6:00 SCRABBLE ★
<b>SERENE SUNDAY</b> 22 9:30 COLOR CRAZE ★ 10:00 JOEL OSTEEN ♥ 2:30 EXERCISE WITH STAFF ♥ 3:00 FREE FOR ALL ICE CREAM! ♥ 6:00 MOVIE AND POPCORN ★	<b>NATIONAL BANANA BREAD DAY</b> 23 9:30 MONDAY MORNING HELLOS ■ 10:00 FABULOUS FEBRUARY BOWLERS ★ 11:00 FRENCH POETRY READINGS ★ 2:00 BALLOON HIGH TIME ♥ 3:00 MUSICAL MONDAY ★ 6:00 MONDAY MOVIE NIGHT ★	<b>NATIONAL TORTILLA CHIP DAY</b> 24 9:30 PUTT PUTT TEE UP ♥ 10:00 WE LOVE BINGO ♥ 2:00 TIGHTEN AND TONE ♥ 2:30 FEBRUARY BIRTHDAYS WITH FRANK ♥ 4:00 TUESDAY TRIVIA ★ 6:00 READ A BOOK NOOK ■	<b>NATIONAL CHOCOLATE COVERED NUT DAY</b> 25 9:30 MICHAELLE'S CAFE CORNER ♥ 10:00 GAME SHOW HOUR ■ 2:00 WHACK-A-BALLOON ♥ 2:45 POPCORN AND NUT PARTY ♥ 3:30 CORNHOLE TOURNAMENT ♥ 6:00 MOVIE AND POPCORN ★	<b>NATIONAL PISTACHIO DAY</b> 26 9:30 BUS RIDE MEET UP ■ 10:00 BUS RIDE BRIGADE ✓ 2:00 MOVE AND GROOVE ♥ 2:45 FORUM FRIENDLY FEUD ♥ 3:30 BONKERS FOR BUNCO ♥ 4:00 DOMINO DIVAS ■ 6:00 CROSSWORD PUZZLE ★	<b>CHILI COOK-OFF</b> 27 9:30 FRESH FRIDAY MOVES ♥ 10:00 NEED MORE BINGO ♥ 11:00 FRIDAY FOX PAINTING ♪ 2:00 BALLOON SWAT ♥ 3:00 CHILI COOK-OFF TASTING ♥ 6:00 FRIDAY NIGHT MOVIE ★	<b>NATIONAL PANCAKE DAY</b> 28 9:30 HAPPY SATURDAY HELLOS 10:00 SATURDAY BINGO BASH ♥ 2:30 WORKOUT WITH WENDY ♥ 3:00 CREATE AND CRAFTING ★ 6:00 PUZZLE TIME ★



**ONGOING ACTIVITIES**  
**DAILY**  
 EXERCISE AT 2PM  
 FOLLOWED BY SNACK AND REFRESHMENT  
**WEDNESDAYS**  
 ROSARY AT 10AM  
 FOLLOWED BY BIBLE STUDY WITH CHERYL



# February 2026

- TH TH Town Hall
- HW Hallway
- RO Resident Outing
- D1 DINING ROOM 1
- D2 DINING ROOM 2
- EDUCATIONAL
- MUSIC THERAPY
- EXERCISE
- TABLE GAMES
- SPIRITUAL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right; font-weight: bold;">1</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>  <b>9:30 <span style="color: blue;">TH</span> Bible Study with Jose</b>                      10:30 <span style="color: blue;">TH</span> Sing Hymns                      11:15 <span style="color: blue;">TH</span> Spelling and Trivia                      2:15 <span style="color: blue;">TH</span> Parachute fun                      3:15 <span style="color: blue;">TH</span> Headlines for Today with Ivy                      4:00 <span style="color: blue;">HW</span> Hallway Bowling                      5:45 <span style="color: blue;">TH</span> Sing Hymns†</p>	<p style="text-align: right; font-weight: bold;">2</p> <p><b>GROUNDHOG DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Bend to the Beat                      10:15 <span style="color: blue;">TH</span> Why is Groundhog Day a Holiday?                      11:00 <span style="color: blue;">TH</span> New Food Pyramid, Healthy Heart foods                      11:45 <span style="color: green;">D2</span> Wash up and have a super lunch                      2:15 <span style="color: blue;">TH</span> Flash Cards                      3:00 <span style="color: green;">D2</span> National Tater Tot Day                      3:45 <span style="color: blue;">TH</span> Shoot some Hoops                      4:30 <span style="color: blue;">TH</span> Sing a Long                      5:45 <span style="color: blue;">TH</span> Color Therapy</p>	<p style="text-align: right; font-weight: bold;">3</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Work it  <b>10:15 <span style="color: blue;">TH</span> Daily Chronicles††</b>                      10:15 <span style="color: blue;">TH</span> History of The Eiffel Tower                      11:15 <span style="color: green;">D2</span> Math Flash Cards  <b>2:15 <span style="color: blue;">TH</span> Adam's in the House</b> 🎲                      3:00 <span style="color: green;">D2</span> Hot Chocolate and croissants                      4:00 <span style="color: blue;">TH</span> Balloon Mania                      5:45 <span style="color: blue;">TH</span> Word Search</p>	<p style="text-align: right; font-weight: bold;">4</p> <p><b>HAPPY BIRTHDAY BILL ARNETTE</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Exercise                      10:00 <span style="color: blue;">RO</span> Lunch at Bistro09/ French Cuisine                      10:30 <span style="color: yellow;">D1</span> Let's get pampered                      11:30 <span style="color: yellow;">D1</span> Patriotic Songs and wash up for lunch                      2:15 <span style="color: blue;">TH</span> French Lesson, Basic #1                      3:30 <span style="color: blue;">TH</span> Romance Poetry                      4:30 <span style="color: blue;">TH</span> Finish that Line                      5:45 Romantic Movie</p>	<p style="text-align: right; font-weight: bold;">5</p> <p><b>WEAR RED</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      10:00 <span style="color: blue;">TH</span> Mornings with Adam                      10:45 <span style="color: blue;">TH</span> What is RED                      11:00 <span style="color: green;">D2</span> Spa Day  <b>2:30 <span style="color: blue;">TH</span> Birthday Bash w/ Frank</b>                      3:45 <span style="color: blue;">TH</span> Table Top games of choice                      4:30 Patriotic Songs and clean up for Dinner                      5:45 <span style="color: blue;">TH</span> Slow Jams</p>	<p style="text-align: right; font-weight: bold;">6</p> <p><b>HAPPY BIRTHDAY KATHLEEN COLE</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Cardio a Go Go                      10:15 <span style="color: blue;">TH</span> Parachute fun                      11:00 <span style="color: green;">D2</span> Spa Time                      2:30 <span style="color: blue;">TH</span> Tailgate Party                      3:45 <span style="color: blue;">TH</span> Texas Trivia                      4:30 Wash up and get ready for a great dinner                      5:45 <span style="color: blue;">TH</span> Friday Night Music and singing</p>	<p style="text-align: right; font-weight: bold;">7</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Let's work on it††                      10:30 <span style="color: blue;">TH</span> In the News with Ivy††                      11:00 <span style="color: blue;">TH</span> Hangman                      11:30 <span style="color: blue;">TH</span> Patriotic Songs and ready for a great lunch                      2:15 <span style="color: blue;">TH</span> Tabletop word search                      3:30 <span style="color: blue;">TH</span> Parachute                      4:15 <span style="color: blue;">TH</span> Who was your first sweetheart                      5:45 <span style="color: blue;">TH</span> Sing a Long</p>
<p style="text-align: right; font-weight: bold;">8</p> <p><b>SUPER BOWL SUNDAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Bible Study with Jose                      10:15 <span style="color: blue;">TH</span> Bible verse by Ivy                      10:30 <span style="color: blue;">TH</span> Sing Hymns                      11:15 <span style="color: blue;">TH</span> Reminiscing                      12:00 <span style="color: green;">D2</span> Wash Up and get ready for a Sunday Lunch                      2:15 <span style="color: blue;">TH</span> Famous Biographies                      3:00 <span style="color: blue;">TH</span> Pre-Football countdown                      4:15 <span style="color: blue;">TH</span> Sing a Long                      5:45 <span style="color: blue;">TH</span> Super Bowl Kickoff</p>	<p style="text-align: right; font-weight: bold;">9</p> <p><b>NATIONAL PIZZA DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> In the News Shanna                      10:00 <span style="color: blue;">TH</span> Finish that Line                      11:00 <span style="color: blue;">TH</span> Move and Groove to the music                      2:30 <span style="color: green;">D2</span> Cooking Demo with Tom                      3:30 <span style="color: blue;">TH</span> Spelling Bee                      4:00 <span style="color: blue;">TH</span> Classy Nails                      4:45 <span style="color: blue;">TH</span> Wash up and get ready for a great dinner                      5:45 <span style="color: blue;">TH</span> Color Therapy</p>	<p style="text-align: right; font-weight: bold;">10</p> <p><b>NATIONAL FLANNEL DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge  <b>10:15 <span style="color: blue;">TH</span> Daily Chronicles††</b>                      11:00 <span style="color: blue;">TH</span> Parachute fun  <b>2:15 <span style="color: blue;">TH</span> Adam's in the House</b> 🎲                      3:15 <span style="color: blue;">TH</span> BINGO BINGO BINGO                      4:15 <span style="color: blue;">TH</span> Hustle before Dinner                      5:45 <span style="color: blue;">TH</span> Noodles and Balloons</p>	<p style="text-align: right; font-weight: bold;">11</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Workout Wednesday                      10:00 <span style="color: blue;">RO</span> Scenic Bus Ride                      11:30 <span style="color: blue;">TH</span> Finish That Line                      2:15 <span style="color: blue;">TH</span> French Lesson, Basic #2                      3:30 <span style="color: green;">D2</span> What went on in Paris                      4:15 <span style="color: blue;">TH</span> Sing a Long                      5:45 <span style="color: yellow;">D1</span> Color Therapy</p>	<p style="text-align: right; font-weight: bold;">12</p> <p><b>LET'S RODEO SAN ANTONIO</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Sweat Happens                      10:30 <span style="color: blue;">TH</span> Facts about Paris                      11:30 <span style="color: blue;">TH</span> Rhyme Time                      2:30 <span style="color: blue;">TH</span> Action move with Adam                      3:30 <span style="color: blue;">TH</span> Heart Healthy Talk with Claudia                      4:15 <span style="color: blue;">TH</span> Hallway Bowling                      5:00 <span style="color: green;">D2</span> Parisian Dinner                      5:45 Comedy Central</p>	<p style="text-align: right; font-weight: bold;">13</p> <p><b>FRIDAY THE 13TH</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Move and Groove♪                      10:00 <span style="color: blue;">TH</span> Make a Valentine Card                      11:15 <span style="color: blue;">TH</span> Finish that Line                      2:15 <span style="color: blue;">TH</span> Famous Sweethearts  <b>3:00 <span style="color: blue;">TH</span> Valentine party with Kai</b>                      4:15 <span style="color: green;">D2</span> Chicken Soup for the Soul                      5:45 <span style="color: blue;">TH</span> Word Search</p>	<p style="text-align: right; font-weight: bold;">14</p> <p><b>HAPPY VALENTINE'S DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Let's work on it††                      9:30 <span style="color: blue;">TH</span> Parachute Fun                      10:30 <span style="color: blue;">TH</span> In the News with Ivy††                      11:00 <span style="color: blue;">TH</span> Valentine Craft                      2:15 <span style="color: blue;">TH</span> Recall a favorite Date  <b>3:15 <span style="color: blue;">TH</span> BINGO BINGO BINGO</b>                      4:30 <span style="color: blue;">TH</span> Flash Card Fun                      5:45 <span style="color: blue;">TH</span> Table games of choice</p>
<p style="text-align: right; font-weight: bold;">15</p> <p><b>Susan B. Anthony's Birthday</b>                      9:15 <span style="color: blue;">TH</span> The Pledge  <b>9:30 <span style="color: blue;">TH</span> Bible Study with Jose</b>                      10:30 <span style="color: blue;">TH</span> Sunday Smooth moves with Ivy                      11:00 <span style="color: blue;">TH</span> Balloon Tennis  <b>2:15 <span style="color: blue;">TH</span> History of Susan B. Anthony</b> 🎲                      3:00 <span style="color: green;">D2</span> Hot Chocolate Social                      4:00 <span style="color: blue;">TH</span> Brain Teasers                      5:45 <span style="color: blue;">TH</span> Color Therapy</p>	<p style="text-align: right; font-weight: bold;">16</p> <p><b>Presidents Day</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Monday Moves                      10:15 <span style="color: blue;">TH</span> Baking our way                      11:30 <span style="color: blue;">TH</span> Patriotic Songs and get ready for a great lunch                      2:15 <span style="color: blue;">TH</span> How many Presidents can you name???                      3:30 <span style="color: blue;">TH</span> BINGO for Candy                      4:45 <span style="color: blue;">TH</span> Patriotic Songs                      5:45 <span style="color: blue;">TH</span> Monday night moves</p>	<p style="text-align: right; font-weight: bold;">17</p> <p><b>MARDI GRAS</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Morning Stretch  <b>10:15 <span style="color: blue;">TH</span> Daily Chronicles††</b>                      11:00 <span style="color: blue;">TH</span> Word Jumble                      11:45 <span style="color: yellow;">D1</span> Wash up and prepare for a wonderful lunch  <b>2:15 <span style="color: blue;">TH</span> Adam's in the House</b> 🎲                      3:00 <span style="color: green;">D2</span> King Cake reveal                      4:00 <span style="color: blue;">TH</span> Spelling Bee                      5:45 <span style="color: blue;">TH</span> Hand Massages</p>	<p style="text-align: right; font-weight: bold;">18</p> <p><b>ASH WEDNESDAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Smooth moves                      10:00 <span style="color: blue;">TH</span> Drumming with Kevin                      11:45 <span style="color: green;">D2</span> Patriotic Songs and wash up for lunch                      2:15 <span style="color: blue;">RO</span> Bus Ride with Friends                      3:30 <span style="color: blue;">TH</span> Parachute Fun                      4:15 <span style="color: blue;">TH</span> Reading Round Table                      5:45 <span style="color: blue;">TH</span> Color Therapy</p>	<p style="text-align: right; font-weight: bold;">19</p> <p><b>CHERRY COKE BIRTHDAY (1985)</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Sweat Happens                      10:15 <span style="color: blue;">TH</span> Hot Potato                      11:00 <span style="color: blue;">TH</span> Sing a Long                      2:30 <span style="color: blue;">TH</span> Work out with Adam                      3:30 <span style="color: blue;">TH</span> Texas and Cowboys                      4:30 <span style="color: blue;">TH</span> Word Scramble                      5:45 <span style="color: blue;">TH</span> Classy Claws</p>	<p style="text-align: right; font-weight: bold;">20</p> <p><b>NATIONAL CHERRY PIE DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> TGIF Moving and grooving                      10:00 <span style="color: blue;">RO</span> Painting social with Assisted Living                      10:15 <span style="color: green;">D2</span> Bake Cherry Pies                      11:30 Patriotic Songs and get ready for a great lunch  <b>3:00 <span style="color: green;">D2</span> Cherry Pie A la mode</b>                      4:00 <span style="color: blue;">TH</span> Spelling Bee Challenge                      4:45 <span style="color: green;">D2</span> Clean up and get ready for Dinner                      5:45 <span style="color: blue;">TH</span> Connect Four</p>	<p style="text-align: right; font-weight: bold;">21</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Let's work on it††                      10:30 <span style="color: blue;">TH</span> In the News with Ivy††                      11:00 <span style="color: blue;">TH</span> Hangman                      11:45 <span style="color: green;">D2</span> Patriotic Songs and get ready for Lunch                      2:15 <span style="color: blue;">TH</span> Saturday Afternoon BINGO                      3:30 <span style="color: blue;">TH</span> Devotional readings from IVY                      4:30 <span style="color: blue;">TH</span> Sing A Long                      5:45 <span style="color: blue;">TH</span> Parachute Fun</p>
<p style="text-align: right; font-weight: bold;">22</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>  <b>9:30 <span style="color: blue;">TH</span> Bible Study with Jose</b>                      10:30 <span style="color: blue;">TH</span> Sunday fitness                      11:00 <span style="color: blue;">TH</span> Finish that Line                      2:15 <span style="color: blue;">TH</span> BINGO for the Win                      3:15 <span style="color: green;">D2</span> Crafts by Ivy                      4:30 <span style="color: green;">D2</span> Let's Talk News of the weekend                      5:45 <span style="color: blue;">TH</span> Hallway Bowling</p>	<p style="text-align: right; font-weight: bold;">23</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Balloon Mania                      10:15 <span style="color: green;">D2</span> Baking Club                      11:30 <span style="color: blue;">TH</span> Patriotic Songs and get ready for a great lunch                      2:15 <span style="color: blue;">TH</span> Afternoon Moves                      3:30 <span style="color: blue;">TH</span> Hangman                      4:15 <span style="color: blue;">TH</span> News worthy talk                      5:45 <span style="color: blue;">TH</span> Cowboy Movie and popcorn</p>	<p style="text-align: right; font-weight: bold;">24</p> <p><b>COWBOY BREAKFAST</b>                      8:00 <span style="color: yellow;">D1</span> Breakfast Tacos  <b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Stretch and Flex Class  <b>10:15 <span style="color: blue;">TH</span> Daily Chronicles††</b>                      11:15 <span style="color: blue;">TH</span> Rodeo Pics  <b>2:15 <span style="color: blue;">TH</span> Adam's in the House</b> 🎲                      3:30 <span style="color: green;">D2</span> Craft Time                      4:45 <span style="color: green;">D2</span> Patriotic Songs and get ready for Dinner                      5:45 <span style="color: blue;">TH</span> Table Top/Word Search, Color Therapy</p>	<p style="text-align: right; font-weight: bold;">25</p> <p><b>9:15 <span style="color: blue;">TH</span> The Pledge</b>                      9:30 <span style="color: blue;">TH</span> Sore today, strong tomorrow  <b>10:15 <span style="color: blue;">RO</span> Lunch out and about♪</b>                      10:30 <span style="color: yellow;">D1</span> Glamour Hour                      11:30 <span style="color: yellow;">D1</span> Wash Up and get ready for a super Lunch                      2:30 <span style="color: blue;">TH</span> Rodeo Party with Rob                      4:00 <span style="color: blue;">TH</span> Rodeo Trivia                      5:45 <span style="color: blue;">TH</span> Cowboy Movie Time</p>	<p style="text-align: right; font-weight: bold;">26</p> <p><b>HAPPY BIRTHDAY JULIA VANDERHAMM</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Groove to the music                      10:15 <span style="color: blue;">TH</span> In the News                      11:00 <span style="color: blue;">TH</span> States and Capitals                      11:30 <span style="color: blue;">TH</span> Sing a Long                      2:15 <span style="color: blue;">TH</span> Love Time with Adam                      3:30 <span style="color: blue;">TH</span> Country Western Music Appreciation                      4:45 <span style="color: green;">D2</span> Patriotic Songs and clean up for dinner                      5:45 <span style="color: yellow;">D1</span> My Favorite Place                      6:00 <span style="color: blue;">TH</span> My favorite Place</p>	<p style="text-align: right; font-weight: bold;">27</p> <p><b>NATIONAL CHILI DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> In the News                      10:00 <span style="color: blue;">TH</span> Move to the Groove                      10:45 <span style="color: green;">D2</span> Texas recipes                      11:30 <span style="color: green;">D2</span> Texas Trivia  <b>2:30 <span style="color: green;">D2</span> CHILI COOK-OFF</b>                      4:00 <span style="color: blue;">TH</span> Call out the answer                      4:45 <span style="color: blue;">TH</span> Wash up and prepare for a wonderful Dinner                      5:45 <span style="color: blue;">TH</span> Friday Night Western Movie</p>	<p style="text-align: right; font-weight: bold;">28</p> <p><b>FLORAL DESIGN DAY</b>                      9:15 <span style="color: blue;">TH</span> The Pledge                      9:30 <span style="color: blue;">TH</span> Let's work on it††                      10:30 <span style="color: blue;">TH</span> In the News with Ivy††  <b>2:15 <span style="color: blue;">RO</span> Paint and Sip, Flowers by You</b>                      3:30 <span style="color: blue;">TH</span> Finish that Line                      4:15 <span style="color: blue;">TH</span> Sing a long                      4:45 <span style="color: blue;">TH</span> Table Top Activities</p>
	<p>February is the Month of Love even in the cold</p>	<p><b>BAKING WITH SHANNA</b></p>	<p><b>FEBRUARY SHORT DAYS AND LONG IN FEELINGS</b></p>	<p><b>February ---when your New Year's Resolutions ask for mercy</b></p>	<p>The Forum hosts a monthly Support Group in Ind. Living, 3rd Monday of each month</p>	<p><b>Ask me about our family luncheon, monthly. Thanks. Karen</b> 210-693-9777</p>